

Orleton School Food CIC Menu – Wednesday 6th September – Friday 27th October 2023

Week	Monday	Tuesday	Wednesday	Thursday	Friday
One w/c 6 th Sept w/c 25 th Sept w/c 16 th Oct OPTION: M OPTION: V	Sausage, Mashed Potato Peas, Sweetcorn & Gravy <i>V – Quorn Sausage</i> Fruit Crumble & Custard	Pasta Bolognese Broccoli & Cheese <i>V – Vege Bolognese</i> Sprinkle Cake	Roast Pork, Roast Potatoes, Carrots, Green Beans, Yorkshire Pudding & Gravy <i>V – Quorn Fillet</i> Fruit Yoghurt	Cottage Pie Peas & Gravy <i>V – Vegetable Pie</i> Strawberry Cheesecake	Chicken Nuggets, Chips Baked Beans, Salad & Ketchup <i>V – Vege Nuggets</i> Sultana Flapjack
	Tick if ordered	Tick if ordered	Tick if ordered	Tick if ordered	Tick if ordered
Two w/c 11 th Sept w/c 2 nd Oct w/c 23 rd Oct OPTION: M OPTION: V	Fish Finger, Mashed Potato, Baked Beans & Salad <i>V – Fishless Fingers</i> Apple Sponge & Custard	Beef Lasagne, Garlic Bread & Broccoli <i>V – Vege Lasagne</i> Shortbread	Roast Turkey, Roast Potatoes, Carrots, Green Beans, Yorkshire Pudding & Gravy <i>V – Quorn Fillet</i> Ice Cream	Pizza, Sweetcorn Carrot & Cucumber Sticks <i>V – Cheese Pizza</i> Angel Delight	Hot Dogs, Chips Peas, Salad & Ketchup <i>V – Quorn Sausages</i> Fruit Crumble Bar
	Tick if ordered	Tick if ordered	Tick if ordered	Tick if ordered	Tick if ordered
Three w/c 18 th Sept w/c 9 th Oct OPTION: M OPTION: V	Jacket Potato, Cheese, Baked Beans & Salad <i>V – As above</i> Apple Crumble & Custard	Meatballs in Tomato Sauce, Pasta & Broccoli <i>V – Vege Balls</i> Mini Donuts	Roast Beef, Roast Potatoes, Carrots, Green Beans, Yorkshire Pudding & Gravy <i>V – Quorn Fillet</i> Oat Cookie	Chicken Goujons Rice, Sweetcorn & Salad <i>V – Vege Nuggets</i> Fruit Salad	Salmon Fishcake, Chips Peas, Salad & Ketchup <i>V – Vege Burger</i> Blueberry Muffin
	Tick if ordered	Tick if ordered	Tick if ordered	Tick if ordered	Tick if ordered

Bread and Fruit available every day